



MOWRIE A. EBNER Elementary School Panther Notes 2009-2010 November-December-January

Mowrie A. Ebner Elementary School Promise

All students will learn in a healthy and safe learning environment.

All students will meet proficiency as determined by the reading, mathematics, writing, and science Pennsylvania System of School Assessments or the PSSA.

By: Mrs. Sherry Wells-Principal

HOMEWORK: A PLAY-BY-PLAY

Your youngster is doing homework and asks you for the answer to a history question. Should you step in?

When it comes to homework, thinking of yourself as the coach and your child as the player can keep your roles straight. Here are some tips.

Make a schedule

Help your youngster figure out the best time to do homework. For example, if she/he starts assignments during after-school care, she/he might play when she/he gets home and finish her/his work after dinner. Then try to fit in family activities (bike rides, grocery shopping) around her/his homework schedule.

Understand the game plan

Remind your child that it's her/his job to keep track of assignments. She/He should write down her/his teacher's directions and bring home books and worksheets. You can help by listening as she/he explains the instructions. ("I have to circle the nouns and underline the verbs.") and by stocking your home with school supplies (paper, pencils, markers).

Stay on the sidelines

Be available if your youngster needs support, but let her/him know that you won't do her/his work. For instance, if she/he asks you to help with a poster about explorers, you might take her/him to the library to check out biographies. Resist the urge to jump in--even if you think she/he isn't doing the project "right". After all, homework assignments show your child's teacher what she/he can do by herself/himself.

Source: Home/School Connection 2009

AMERICAN EDUCATION

WEEK 2009

November 16-20

NEA's (National Education Association) Annual American Education Week spotlights the importance of providing every child in America with a quality public education from Kindergarten to College, and the need for everyone to do his or her part in making public schools great.

Source: nea.org/aew/index.htm

In celebration of AEW, Ebner teachers, students, and staff would like to invite you to our Parents' Day-Tuesday-November 17, 2009.

Parents/guardians are invited to come to school from 6:30-8:00 p.m. that day for a hands-on science lesson. You will be notified very soon about this exciting event.



STUDENT COUNCIL CLASS REPRESENTATIVES 2009-2010

Our newly formed Student Council is officially up and running, and very involved in a variety of activities. The student council recently raised \$450.00 for the Brian Morden foundation to help children suffering from cancer through Ebner's Hat Day!

During the next few months the student council will sponsor a pumpkin decorating contest among classrooms in K-6, we will once again conduct a holiday food drive, and students throughout Ebner elementary will write letters to the troops for the holiday season.

Congratulations to our outstanding team of student council members. You're off to a wonderful start!

Grade 4

Mrs. Bruno-Emilee W., Keria M.

Mr. Brown-Cheyenne M., Jonah N.

Miss Roscia-Rachael P., Brandon K.

Grade 5

Mr. Johnston-Dylan F., Brooke B.

Mrs. Palilla-Jenna C., Connor M.

Mr. Scott-Jaslynn W., Jack G.

Grade 6

Mrs. Hallinan-Rebekah V., Austin M.

Mrs. Litzenberger-Dylan B., Noah S.

Mrs. Wagner-Sarah D., Miranda S.

SUBWAY REWARD PROGRAM

Subway Reward program online: Packets of materials will be distributed to students. For parents to register their cards online, enter Subway Reward School Code

F7ZC. Visit schoolPAX.org or call 1-877-724-5729

A+ SCHOOL REWARDS

Ebner is currently participating in the MARTIN's A+ School Rewards Program. You can help! Visit our website at www.MartinsAplus.com. Each time you shop at a participating MARTIN'S store using your Bonus Card, you will earn cash for our school.

**BOTH PROGRAMS SUPPORT OUR
SCHOOL'S EDUCATIONAL NEEDS!**

Discipline With Purpose

Q-Site

Bradley's mom routinely gives five year old Bradley several instructions before leaving home. Last week she finished her instructions with this warning, "...don't come home if you aren't wearing your jacket." Bradley stood there looking at her quite bewildered. "But Mom, where should I go if I don't come home?" he asked.

Young children frequently take our words and instructions literally. Adults sometimes think older children know how to follow instructions simply because of their age. But the truth is following instructions is a SKILL to be learned.

Many people cannot carry out the instructions simply by hearing them. They may need to:

1. List the steps on a sheet of paper.
2. Watch a demonstration of how the task is accomplished.
3. Practice or tell someone how he/she plans to proceed.
4. Ask questions.
5. Know how much time they have to complete the task.

In the meantime:

ASK YOUR CHILD ABOUT:

- * "Hidden Skills"
- * The THREE School Rules
- * Discipline versus Self-Discipline



ELEMENTARY PARENT/TEACHER CONFERENCES

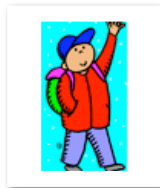
Ebner School is planning to conduct parent-teacher conferences for Kindergarten through Grade 6 during the week of Thanksgiving. Conferences will be held on Monday-November 23rd in the evening from 4:00 p.m. to 8:00 p.m. and Tuesday-November 24, 2009. (School is in session on Monday, but school is not in session on Tuesday). In an effort to help parents make the most of the time during parent-teacher conferences, here are some tips on how to build a relationship that will benefit your children.

1. **Be There**-Research shows that children do better academically when parents attend conferences.
2. **Remember to Focus**- The aim is to build a mutually respectful partnership.
3. **Share Insider Information**- Tell your teacher what you know about your child as a learner
4. **Use the Report Card**-as a starting point.

5. **Ask What You Can Do-** Be receptive of how you can support the school without micromanaging or rescuing him or her from mistakes and the valuable lessons they offer.

6. **Know that your child's teacher wants to see your child succeed**-in school and in life just as you do.

Taken from Michael Thompson-PhD The Pressured Child:Helping Your Child to Achieve Success in School and Life



SNOW DAYS

On Snow Days, a decision will be reached whether to have a two-hour delay and/or close school. The purpose for the two-hour delay is to give our custodians time to have sidewalks cleared. In most cases the district will start with a delay and upgrade to a closing if a closing is warranted.

When a two-hour delay is scheduled, students should report to school at 11:00 a.m. Please listen to one of our local radio stations or watch T.V.-Channel 13 Access Channel for more information on school delays and closings.



ELECTRONIC DEVICES

Please be advised that the school is not responsible for lost or stolen game boys, CD players, etc... We advise that all students keep these items at home if they are considered valuable. CELL PHONES are not permitted on school property.

Progress Book Information

We are proud to be part of Progress Book, the web-based technological tool which enhances home to school communication. Be sure to log on to this online grade reporting system, and see how your child is doing. Log on to the following website: <http://grades.altoonasd.com>

Parents are asked to please include your email address in your Progress Book account. If you forget your log-in or your password, this can be emailed to you without having to contact the school.

Cafeteria Reminder

Please keep lunch accounts current. If you have any questions,feel free to contact Mrs. Little at 946-8400, ext. 4132



MEDICATION POLICY

Only prescription medication will be dispensed in school by the school nurse at your request. A signed form from the doctor authorizing our school nurse to administer medication will be required, and medication must be in the prescription container.

ESL -English as a Second Language

Cultural diversity is growing in public schools across the United States. The Altoona Area School District is home to students from eight countries other than the U.S. To meet the learning needs and to comply with state and federal regulations, the district provides instruction in English As A Second Language. (ESL)

For more information visit the ESL's program website at http://www.aasdcad.com/aasd/district/instruction/eslinstruction/esl_index.htm

A Message From Our Guidance Counselor

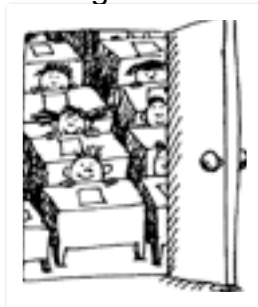
Bouncing Back

Resiliency is the ability to bounce back from the ups and downs of life. Resilience is a positive form of life energy. The loss of this energy is often called "burnout". Research has shown while some people seem to come by resiliency naturally, the ability to bounce back can be learned.

Here are some ways to build resilience in your child:

1. Look for opportunities over the holidays to help your child build connections with close family and friends.
2. Encourage your child to do something he/she enjoys each day.
3. Help your child accept that change is a part of life.

Life will challenge resiliency each day. Our school counselor encourages you to work with him as he promotes the building of resiliency skills. Together we can make a difference.



PTO NEWS

WELCOME

2009-2010 Mowrie A. Ebner

TOP TEN SELLERS FOR FALL FUNDRAISER

- #1 Top Seller- Audrey F.-Mrs. Pleva**
- #2 Top Seller-Jaydon C.-Mrs. Diviney**
- #3 Top Seller-Cierra C.-Miss Pollack**
- #4 Kaylee S.-Mrs. Rosenthal**
- #5 Connor C.-Mrs. Sipes-King**
- #6 Grace Y.-Miss Pollack**
- #7 Katelyn M.-Mrs. Rosenthal**
- #8 Elizabeth F.-Mrs. Little**
- #9 Nicholas E.-Mrs. Hoyne**
- #10 Ben S.-Mrs. Litzenberger**

A Big Thank You

To all who helped sell items for the fundraiser, it was a GREAT SUCCESS!!!

**CONGRATULATIONS TO
THE TOP SELLING
CLASSES**

**MISS POLLACK
MRS. ROSENTHALL**

**THANK YOU TO ROSE LYNCH
FOR HER AWARD WINNING
PERFORMANCE IN ORGANIZING
THE EVENT**

EBNER STUDENT ATHLETES ROCK!

Sports can be an important part of your child's life-be involved, volunteer your time.

Thank you to all our Fall Football volunteer coaches !

Fall sports are coming to a close and the winter sports season is just around the corner.

M&T Tackle Football Team is heading to the playoffs in 2nd place!

Way to Go! M&T

If you want to participate on a basketball team and did not return a signed interest form to the office...please contact Mrs. Lindner-Ebner Athletic Director #941-2447

Membership Committee

Reminder for students to submit their PTO Memberships by Oct. 23rd and that our goal is to raise more than one thousand dollars for our school!